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101 healing stories for kids and teens : using metaphors in therapy

Burns, George W.

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Abstrak

101 Healing Stories for Kids and Teens provides straightforward advice on using storytelling and metaphors in a variety of therapeutic settings. Ideal for all who work with young people, this unique resource can be combined with other inventive and evidence-based techniques such as play, art, music, and drama therapies as well as solution focused, hypnotic, and cognitive-behavioral approaches. Offering guidance for new clinicians and seasoned professionals, George Burns?s latest work delivers a unique combination?information on incorporating storytelling in therapy, dozens of ready-made stories, and tips for creating original therapeutic stories.